

SOUTH WEST CHILDREN AND FAMILIES BEREAVEMENT ALLIANCE



WHO WE ARE

We are alliance of five child bereavement charities who work across the whole of Devon and Cornwall, supporting children, young people and families affected by bereavement.

We work closely together to share best practice, develop joint work and ensure that all children and families across our region have somewhere to turn when someone significant in their lives dies.

Penhaligon's Friends (Cornwall)

We provide a range of support services including advice and resources, regular groups, individual support, family visits and professional training.

☎ Phone: 01209 210624 or 01209 215889

✉ Email: enquiries@penhaligonsfriends.org.uk

🌐 [Visit Penhaligon's Friends](#)



Balloons (Exeter, East & Mid Devon)

We offer one-to-one support, group work and activity days; advice and information for parents and carers; and training for professionals.

☎ Phone: 01392 982570

✉ Email: support@balloonscharity.co.uk

🌐 [Visit Balloons Charity](#)



Families in Grief (FiG) (North Devon & Torridge)

We offer one-to-one support, group sessions, and resources. We accept self-referrals and referrals from professionals.

☎ Phone: 01271 447960

✉ Email: info@familiesingrief.org

🌐 [Visit Families in Grief](#)



Children and Families in Grief (CFG) (South Devon)

We provide counselling and therapeutic support to the whole family, we run bereavement groups in schools and we hold therapeutic family days. We also provide training to professionals working with bereaved children and young people.

☎ Phone: 07548 650803

✉ Email: info@childrenandfamiliesingrief.co.uk

🌐 [Visit Children and Families in Grief](#)



Jeremiah's Journey (Plymouth, South Hams, Southeast Cornwall)

We provide comprehensive grief support services, including specialist traumatic /complex bereavement interventions, including family therapy.

☎ Phone: 01752 424348

✉ Email: hello@jeremiahsjourney.org.uk

🌐 [Visit Jeremiah's Journey](#)

